

Book Review Guidelines

The aim is to provide our members with a brief, but informative review of new publications that may be relevant to occupational therapists working with older people.

A review should include:

- Title / Author / Publisher / Date of publication / ISBN Number Pages / Cost
- Identify the authors target audience (usually described in the preface, forward or introduction)
- Define the aims of the text
- Outline the content and main themes/ideas
- Author's background and qualifications in relation to subject
- Opinion of applicability to Occupational Therapy and Older People
- Comment on contents interest and quality
- Comment on the readability clarity of presentation, plain English/technical language
- To what extent are the aims of the text met?
- Would you recommend Occupational Therapy staff to purchase the book/use it as a reference in a library setting?
- Would you recommend clients, care providers, care givers the book and why?
- Word limit maximum 500
- Plain arial font size 10, plain formatting, single line spacing.

Please send all book reviews to the Secretary Wendy Ferguson weferguson2014@gmail.com

Please note that Reviewers keep the book that they review.

BOOK REVIEW - EXAMPLE OF RECENT BOOK



<u>Title</u>: Occupational Therapy and Older People (2nd Edition)

<u>Edited by</u>; Anita Atwal and Anne McIntyre

<u>Publisher</u>; Wiley-Blackwell, 2013

<u>ISBN</u> 978-1-4443-3333-6

<u>Cost</u> – £29.99

Target Audience:

This book is intended principally as a reference book for Occupational Therapists working in sector of Elderly Care.

Aims of the Text:

To explain the concept of 'active ageing;' with the focus on 'right based' approach and to focus on the promotion 'of continuing participation of older people in community life.'

Outline Main Content and Main Theories / Ideas:

Exploring the dilemmas faced by occupational therapists working the Elderly Care Sector as they balance the role of discharge co-ordinator with that of quality of life for their patient's. The authors also advocate the need for research that provides a high-quality evidence base from which to promote the role of occupational therapists in employed in this health and social care sector.

Author's background and qualification in relation to the subject:

Anita Atwal and Anne McIntrye (editors) share a background based in research and development within occupational therapy – both have specialist interest of working within sector of older adults. Contributors to the book are mainly occupational therapists from a range of practice areas; with additional information provided by physiotherapist, psychologist and specialists in vision.

Opinion of applicability to Occupational Therapy and Older People:

Having read through the book I found the topic to be highly applicable to OT practice and particularly relevant in current climate. I thought it challenged the idea of how an older person is perceived and treated in variety of settings. Indicating that perhaps the wider social concept of old age is generally perceived negatively. The book was able to provide a range of opinions and research that could confront and confirm this belief. Making me consider how people over 65 are viewed where I work in an A & E department.

Comment on readability - clarity of presentation, plain English/technical language:

The book is easy to read and benefits from being well laid out with clearly presented topics. I found that information and discussion through book built sequentially from chapter to chapter making it easy to assimilate new information.

To what extent are the aims of the text met:

I felt what the book set out to achieve; which was to consider the role of the occupational therapist and 'Older People' was met. It is a board topic but key points were addressed.

Would you recommend Occupational Therapy staff to purchase the book/use it as a reference in a library sitting?by Department for reference?

I would recommend the book and believe it would be suitable as a reference book for qualified staff and students. It covers a good range of topics looking at process of ageing, giving information about range of standardised assessments that could be used with specific conditions and the concept of 'successful ageing.' I feel it also raises the issue of role of OT and how it is perceived by others – particularly in this era of commissioning for services on basis of value for money. The book does not provide all the answers but does raise questions about how OT should approach the future.

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