

Occupational therapy with children: right intervention, right time, right place



Use this presentation with the course workbook



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Learning Outcomes - 1

When you have completed this course you will be able to:

1. Identify the needs of the children and young people referred to your service;



Learning Outcomes - 2

2. Review existing and plan potential new ways to use resources to meet children's needs most effectively;

Learning Outcomes - 3

3. Identify how to demonstrate the impact of services delivered;



Learning Outcomes - 4

4. Evaluate your current and future practice in relation to analysing the right occupational therapy intervention at the right time and place for children, to improve the quality of your practice and service delivery.

Activity 1 – Reviewing referral data

As a group compare the findings of your review of the referral data.

Discuss:

- a. **Reasons for referral** – are there any common themes?
- b. **Referrers** - do you receive lots of referrals from the same people or place (e.g. from a particular school or professional group?)
- c. **Populations** - are certain groups of children referred more frequently than others?
- d. Any **other patterns or themes** that emerge?



Activity 2 – Doing things differently

Using the tiered model approach (see next slide) and drawing on the themes you identified from the referral data, consider the following:

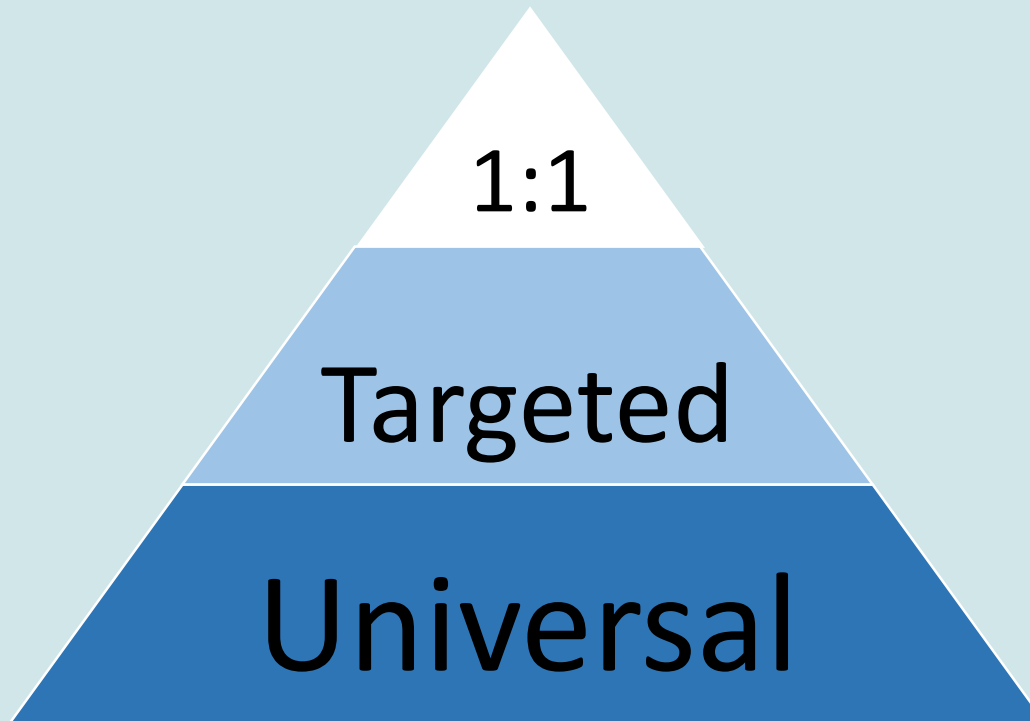
- a) Are there groups of children who could be offered an ***existing universal or targeted intervention earlier*** in their journey?
e.g. direct to a group/workshop at triage rather than putting them on the waiting list for 1:1 specialist intervention first?

- b) Could you ***meet the occupational needs of a certain group of children/young people in a different way?***
e.g. a targeted parent/professional workshop rather than specialist 1:1 consultation?



Activity 2 – Doing things differently

Tiered approach



Specialist:
Essential for a few

Targeted: Necessary
for some

Universal: Good
for all

Activity 3 – Formulate an action plan and next steps

Formulate an action plan for the next month and share your ideas with the group.

- a. What small changes can you make in the next month?
- b. Consider what success looks like. How will you know the impact of the changes you have made?



Course summary and next steps

Course summary

NOW

- ▶ Suggest to the group that you meet again in one month to review actions and consider what happens next.
- ▶ Capture your immediate learning points on page 7 of the workbook

LATER:

- ▶ Send your feedback on the course to RCOT (page 6 of your workbook)
- ▶ Complete your certificate on page 10 of the workbook
- ▶ In a few days' time, review the workbook Individual Reflection page
 - record areas for change in current practice

AND

- identify further learning activities that you can do

