

# Occupational therapy with children: introduction to universal, targeted and specialist services



Use this presentation with  
the course workbook

Royal College of  
Occupational  
Therapists



# Learning Outcomes - 1

When you have completed this course you will be able to:

1. Know the meaning of the tiered (universal, targeted and specialist) model of service provision;

# Learning Outcomes - 2

2. Map current service provision and identify how it fits into the tiered model;



# Learning Outcomes - 3

3. Identify potential gaps in current service provision;



# Learning Outcomes - 4

4. Evaluate your current and future practice in relation to the universal, targeted and specialist models of service to children, to improve the quality of your practice and service delivery.



# Activity 1 – Why do we need to do things differently?

1. Why do we need to reconsider the way we deliver services for children, young people and families?
2. To what extent do you believe that the tiered approach will enhance service delivery?



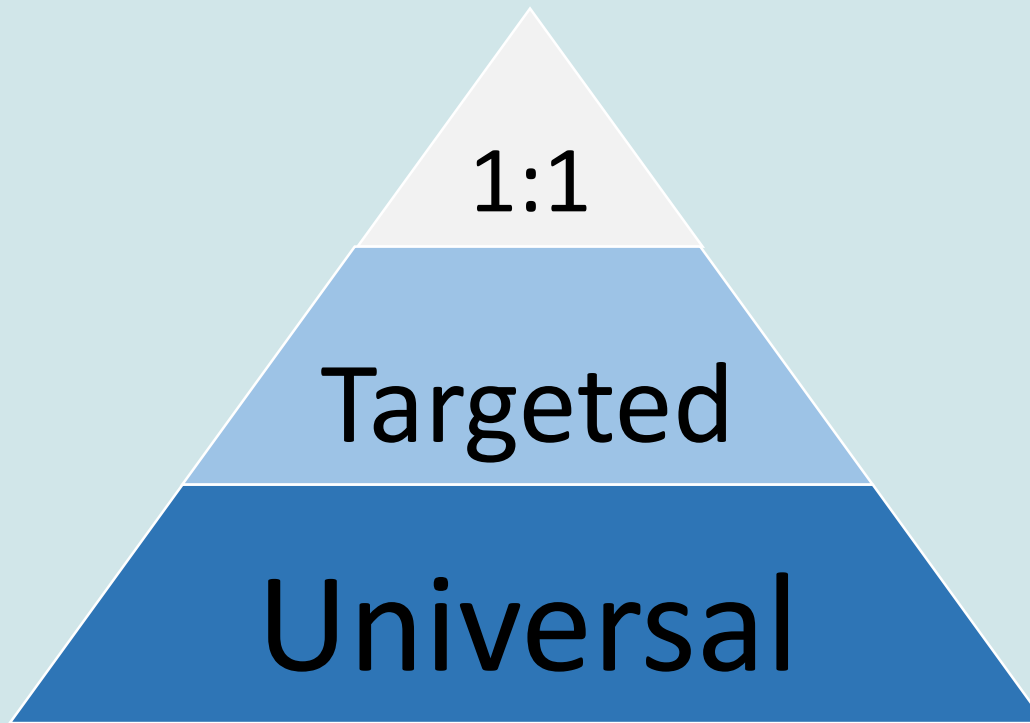
## Activity 2 – Identifying what you currently offer

Applying your understanding of the tiered approach, and from the lists prepared in the pre-work, collate one list of all the interventions (individual, group, direct, indirect) that you currently offer in your service(s) and categorise these as universal, targeted or specialist interventions.



# Activity 2 – Identifying what you currently offer

## Tiered approach



Specialist:  
Essential for a few

Targeted: Necessary  
for some

Universal: Good  
for all



# Activity 3 – Identifying potential gaps in service provision

1. Does your service offer a balance of provision?
2. List potential gaps in your service across the tiers.



# Activity 4 – Identifying gaps in service provision

1. In small groups consider and list opportunities for delivering services in partnership with others. Who might your partners be?
2. How can the tiered approach help?



# Course summary and next steps

## Course summary

### NOW

- ▶ Capture your immediate learning points on page 7 of the workbook

### LATER:

- ▶ Send your feedback on the course to RCOT (page 6 of your workbook)
- ▶ Complete your certificate on page 11 of the workbook
- ▶ In a few days' time, review the workbook Individual Reflection page
  - record areas for change in current practice

### AND

- identify further learning activities that you can do