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**Explanatory note:** references all refer to volume 30, and individually list the issue and page, for example, 1:2 refers to volume 30, issue one (January), page two. Authors are given where available.

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Bridging the gap to leadership (Dr Clarke, Channine; Rule, Marie; Cunha, Bartolomeu) **10:24-27**

Developing occupational therapy skills through leadership placements (Dr Clarke, Channine; Covill, Harry; Aksoy, Sinead; Godden, Chloe; Franklin, Codie) **7:48-51**

Finding new ways to deliver services (Bennett, Cate; Needham, Lorna; Rushton, Teresa) **12:30-31**

Furthering occupational therapy (Professor Turner, Annie) **9:50-52**

It's your time to shine! (Samuels, Tracey) **8:38-39**

Q&A with Venus Madden (Madden, Venus) **8:50-51**

The importance of leadership, mentoring and coaching skills to the profession (Dr Heames, Ruth; Barnes, Susan; O'Neill, Susan) **1:34-35**

Virtual leadership placements (Agar, Lucy; Rushton, Teresa; Bolton, Kay) **5:48-50**

### Learning disability

Do you know enough about the approved clinician role? (Odeh, Awele) **11:30-32**

Managing chronic pain (Britcher, Lauren) **8:48-49**

Maximising opportunities for activity (Curran, Aisling; Podris, Catherine; Donaldson, Eadaoin) **1:42-45**

The importance of all personal care skills (Pearson, Rebecca) **12:28-29**

### Learning journey

Coming full circle: a learning journey (McNulty, Catherine) **4:46-48**

Reverse mentoring – do we really

understand our students? (Burgess, Sian) **10:20-23**

Thinking about a professional doctorate? (Beal, Jennifer) **5:38-41**

### LGBTQIA+

We're here! (Daniels, Rachael; Eastman, Eva; Owers, Laura; Sørlie, Clarissa; Sum, Ed) **2:20-23**

Listening and having the confidence to ask questions will make you a better LGBTQIA+ ally **7:17**

The LGBTQ+ Dementia Advisory Group (Williams, Thomas) **6:24**

### Life skills

Collaborative working to improve community service users' life skills (Lewis, Carmen and Wheeler, Richard) **8:32-35**

### Lipoedema

Lipoedema and me (Harrison, Amy) **6:26-27**

### Lived experience

Celebrating Disability Pride Month (Booth-Gardiner, Rachel) **7:40-42**

Co-production and transformation (Vazhappulli, Sindhu) **5:24-26**

Health and highflyers (Sewell, Jerome) **5:16-20**

Let's change how we talk about disability (Macdonald, Steve) **9:24-27**

Lipoedema and me (Harrison, Amy) **6:26-27**

Neurodiversity: together, we remain all kinds of minds (Twinley, Rebecca; Hitch, Danielle; Wong, Bill; Perryman-Fox, Michelle; Sheridan, Diana; Selvaggi Hernandez, Sarah; Keogh, Clare A) **3:16-21**

Occupational therapy in neonatal services and early intervention (Rzedzian, Katie) **10:28-30**

Putting co-production at the heart of a service (Dowling, Alice (Catherine) and Sims, Andrews) **7:34-36**

The LGBTQ+ Dementia Advisory Group (Williams, Thomas) **6:24**

The power of the peer (Duerden, Graham) **10:46-48**

We're here! (Daniels, Rachael; Eastman, Eva; Owers, Laura;

Sørlie, Clarissa; Sum, Ed) **2:20-23**

### Long Covid

Developing our role (Yam, Nichole) **4:24-27**

Integrated care in action (Gadsby, Natalie) **9:28-30**

It's ENOUGH to breathe (Hawes, Douglas) **6:28-30**

One stitch at a time (Daniels, Stella) **11:42-43**

Rehabilitation and return to work (Yul, Jasmine) **7:37-39**

The importance of providing tailored services (Bradley, Joseph) **11:26-28**

### Long-term health conditions

Celebrating Disability Pride Month (Booth-Gardiner, Rachel) **7:40-42**

Our experience of using the Wellbeing Star (Savory, Sinead) **8:36-37**

The importance of providing tailored services (Bradley, Joseph) **11:26-28**

## M

### Manual handling

Creating a clear and consistent approach to hoisting (James, Kathleen and Colvin, Fay) **1:46-49**

Developing a bespoke training package (Clarke, Jenny; Lynch, Hannah; Allen, Cath; Vassallo, Louise; Green, Rebecca) **8:26-29**

### Meaningful activity

Collaborative working to improve community service users' life skills (Lewis, Carmen and Wheeler, Richard) **8:32-35**

Creative writing to support the community (Samuels, Tracey and Boulter, Linda) **4:40-41**



Crisis team remodelling – changing times (Hart, Alice and Resnick, Mia) **6:31-33**

It's ENOUGH to breathe (Hawes, Douglas) **6:28-30**

One stitch at a time (Daniels, Stella) **11:42-43**

Promoting occupational engagement for communities: virtual walks in a pandemic (Mockett, Anya, McKenna, Saoirse; Harvey, Sarah) **6:50-52**

The importance of all personal care skills (Pearson, Rebecca) **12:28-29**

The positives of intergenerational working (Ellis, Catherine) **10:40-43**

Upcycling UK disability equipment to improve support for people in Romania (Robinson, Susanna; Eyres, Pat; Small, Elke) **6:36-38**

### **Medically focused bathing**

Q&A with Adam Ferry (Ferry, Adam) **2:50-52**

### **Menstruation**

It's about time we talk about periods (Porter, Hattie) **9:42-45**

### **Mental health**

A tool to help manage difficult emotions (Jeffery, Debra) **8:30-31**

Can you help beat eating disorders? (Dark, Esther) **2:28-30**

Collaborative working to improve community service users' life skills (Lewis, Carmen and Wheeler, Richard) **8:32-35**

Connecting with clients through art (Williams, Nia) **3:26-28**

Co-production and transformation (Vazhappulli, Sindhu) **5:24-26**

Crisis team remodelling – changing times (Hart, Alice and Resnick, Mia) **6:31-33**

Do you know enough about the approved clinician role? (Odeh, Awele) **11:30-32**

Good social skills for better relationships (Phillips, Nicky) **1:26-28**

Health and highflyers (Sewell, Jerome) **5:16-20**

Helping people make a lasting recovery from addiction (Fisher, Jonathan) **7:26-28**

It's about time we talk about periods (Porter, Hattie) **9:42-45**

Putting co-production at the heart of a service (Dowling, Alice (Catherine) and Sims, Andrews) **7:34-36**

Putting our best foot forward (Sawyers, Diane) **8:44-46**

Supporting earlier, safer discharge in mental health acute care (Blunt, Teresa; Dorer, Gemma; Samuels, Tracey) **6:16-19**

Tackling occupational deprivation during a pandemic (Newman, Craig) **5:28-30**

Taking a different approach to children's mental health and wellbeing (Ritchie, Jane) **3:40-43**

The positives of intergenerational working (Ellis, Catherine) **10:40-43**

The power of the peer (Duerden, Graham) **10:46-48**

What's in a word - mental or mind health? (Scott, Izzy) **3:34-35**

### **Mentorship**

Furthering occupational therapy (Professor Turner, Annie) **9:50-52**

Reverse mentoring – do we really understand our students? (Burgess, Sian) **10:20-23**

The importance of leadership, mentoring and coaching skills to the profession (Dr Heames, Ruth; Barnes, Susan; O'Neill, Susan) **1:34-35**

### **Military personnel**

Navigating metaphorical waters to set up a role emerging placement with the Royal Navy (Wilding, Harriet) **10:32-35**

Rehabilitation of military personnel: our role as occupational therapists (Allwood, Emily; Bradley, Nikki; Button, Amelia; Cannell, Verity; French, Gemma; Hamilton, Paula; Kirui, Jerry; Kotecha, Nisha; Marcus-Smith, Sandy; Tunbridge, Fiona; Wilkie-Ryan, Shane; Segalini, Anne) **7:30-31**

### **Motor skills**

The importance of all personal care skills (Pearson, Rebecca) **12:28-29**

### **Multi-professional/multi-disciplinary teams**

A new way of working (Horan, Linda) **4:20-23**

Delivering occupational therapy in primary care (Stevens, Hattie and Rostron, Helen) **6:20-23**

Delivering transformative patient care (Shephard, Freya; Thomas, Shirley; Hardy, Steven; Logan, Pip) **6:14-15**

Developing our role (Yam, Nichole) **4:24-27**

### **Music**

A remote music project to provide meaningful activity (McAulay, Jo) **2:46-49**

### **Myalgic Encephalomyelitis/Chronic Fatigue Syndrome (ME/CFS)**

Integrated care in action (Gadsby, Natalie) **9:28-30**

The importance of providing tailored services (Bradley, Joseph) **11:26-28**

## **N**

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### **Nature**

Living well through horticulture and nature (Carden-Noad, Chrissie and Pilgrem, Lisi) **3:52**

### **Neonatal**

Driving change in neonatal care (Edwards, Sarah and Hodgson, Ailie) **12:20-22**

Occupational therapy in neonatal services and early intervention (Rzedzian, Katie) **10:28-30**


### **Networking**

Recognising the value of returning to our roots (Phoenix, Kat) **12:44-45**

### **Neurodiversity**

Connecting people where they need to be connected most (Levy, Madeleine) **2:34-36**

Managing chronic pain (Britcher, Lauren) **8:48-49**

Neurodiversity: together, we remain all kinds of minds (Twinley, Rebecca; Hitch, Danielle; Wong, )



Bill; Perryman-Fox, Michelle;  
Sheridan, Diana; Selvaggi  
Hernandez, Sarah; Keogh, Clare A) **3:16-21**

Reflections on children's autism  
services, past, present and future  
(Lavin, Caroline) **12:24-27**

What do you know about DME?  
(Ferreira, Mariza) **3:22-24**

### Neurological rehabilitation

Bridging the supervision gap  
(Murphy, Laura) **12:46-47**

Peer support, specialist occupational  
therapy and the right environment  
(Marsden, Helen) **3:54-56**

### Neurology

The value of occupational therapy  
within addictions services (Treloar,  
Sandra and Dudziak, Megan)  
**4:16-19**

### Newly-qualified practitioners

Addressing the challenges of being  
a newly-qualified practitioner  
(Gdesis-Evans, Rachael and  
Santos, Matthews Joanne) **2:42-45**

My journey to becoming a holistic  
and well-rounded occupational  
therapist (Williams, John) **12:54-55**

Reflecting on supervision (Grover,  
Emma) **12:48-49**

Unlocking the opportunities to a long  
and fulfilling career (Ruane, Carmel  
and Cosgrove, Imogen) **12:50-52**

### NICU (Neonatal Intensive Care Unit) trauma

Occupational therapy in neonatal  
services and early intervention  
(Rzedzian, Katie) **10:28-30**

## O

### Occupational deprivation

Tackling occupational deprivation  
during a pandemic (Newman,  
Craig) **5:28-30**

### Occupational justice

Working for occupational justice  
(Bagnall, Orla; Hanna, Naomi; Kelly,  
Orla; Williams, Mikaela) **6:44-45**

### Occupational therapy

Disability History Month: Where  
does occupational therapy fit in?  
(Booth-Gardiner, Rachel and Dr  
Bryant, Wendy) **11:12-15**

Q&A with Odeth Richardson  
(Richardson, Odeth) **8:16-19**

The importance of inclusivity and  
compassionate care (Fidler, Abi)  
**5:46-47**

### Occupational therapy support workers

Coming full circle: a learning journey  
(McNulty, Catherine) **4:46-48**

### Occupational Therapy Week 2022

Lift up your everyday with OT Life  
Hacks **12:14-17**

### Older people

A new way of working (Horan, Linda)  
**4:20-23**

A remote music project to provide  
meaningful activity (McAulay, Jo)  
**2:46-49**

Promoting occupational engagement  
for communities: virtual walks  
in a pandemic (Mockett, Anya,  
McKenna, Saoirse; Harvey, Sarah)  
**6:50-52**

Supporting earlier, safer discharge  
in mental health acute care (Blunt,  
Teresa; Dorer, Gemma; Samuels,  
Tracey) **6:16-19**

The positives of intergenerational  
working (Ellis, Catherine) **10:40-43**

### Online therapy/virtual therapy

A remote music project to provide  
meaningful activity (McAulay, Jo)  
**2:46-49**

It's ENOUGH to breathe (Hawes,  
Douglas) **6:28-30**

Promoting occupational engagement  
for communities: virtual walks  
in a pandemic (Mockett, Anya,  
McKenna, Saoirse; Harvey, Sarah)  
**6:50-52**

### Online training

Developing a bespoke training  
package (Clarke, Jenny; Lynch,  
Hannah; Allen, Cath; Vassallo,  
Louise; Green, Rebecca) **8:26-29**

### Outcome measures

The challenges of using outcome  
measures in an acute setting  
(Chesterton, Amanda) **2:38-41**

### Outdoor therapy

Developing new and diverse skills  
on placement (Birch, Alice; North,  
Debbie; Wymark, Emma; Johnson,  
Holly; Morrall, Rob) **11:16-19**

Putting our best foot forward  
(Sawyers, Diane) **8:44-46**

## P

### Pain management

Managing chronic pain (Britcher,  
Lauren) **8:48-49**

### Palliative care

Living well through horticulture and  
nature (Carden-Noad, Chrissie and  
Pilgrim, Lisi) **3:52**

### Peer group supervision

Why choose peer group supervision?  
(Taylor, Toni and Chilvers, Nick)  
**1:38-41**

### Peer learning

A remote peer learning placement  
opportunity (Byrne, Gemma; Caan,  
Maya; Hunt, Stacey; Quirin, Sasha;  
Dr Taylor, Elizabeth) **3:44-47**

### Peer support

Co-production and transformation  
(Vazhappulli, Sindhu) **5:24-26**  
Delivering occupational therapy in  
primary care (Stevens, Hattie and  
Rostron, Helen) **6:20-23**  
The power of the peer (Duerden,  
Graham) **10:46-48**

### Perinatal mental health

A tool to help manage difficult  
emotions (Jeffery, Debra) **8:30-31**

### PhD study

Thinking about a professional  
doctorate? (Beal, Jennifer) **5:38-41**  
Three minutes to make a difference  
(Dr Woods, Sandie) **5:36-37**

### Physical activity

Putting our best foot forward



(Sawyers, Diane) **8:44-46**

### **Post-ICU rehabilitation**

The value of occupational therapy in post intensive care rehabilitation (Copeland, Dawn) **12:32-34**

### **Practice placements**

A remote peer learning placement opportunity (Byrne, Gemma; Caan, Maya; Hunt, Stacey; Quirin, Sasha; Dr Taylor, Elizabeth) **3:44-47**

Apprenticeship pioneers are joining the workforce (Klompenshouwer, Petra) **1:22-25**

Bridging the gap to leadership (Dr Clarke, Channine; Rule, Marie; Cunha, Bartolomeu) **10:24-27**

Collaborative working: Exploring changes to service delivery together (Symonds, Sharon; Evans, Kerri; Scott-Roberts, Sally) **7:44-47**

Creating the future of our profession (Gannon, Hannah; Dr Daykin, Anne; Jones, Alex; Phelps, Caroline; Reed, Melissa; Rose, Emma; Professor Melton, Jane) **11:46-48**

Embracing opportunities to develop our workforce (Bray, Julie) **10:50-52**

Planning for a successful project placement (Alderson, Sarah; Lovett, Calum; Smith, Shannon; Bird, Amber; McMenemy, Lorna) **6:46-48**

The effects of the pandemic on practice educator training (Antich, Becky and Boyd, Heidi) **2:24-27**

Virtual leadership placements (Agar, Lucy; Rushton, Teresa; Bolton, Kay) **5:48-50**

### **Practice-based learning**

A skilled and sustainable workforce for a healthier Scotland (Hedley, Claire and Gillen, Ailsa) **8:20-21**

Working together to develop our future workforce (Hay, Carolyn and Baird, Tamsin) **11:24-25**

### **Preceptorship**

Addressing the challenges of being a newly-qualified practitioner (Gdesis-Evans, Rachael and Santos, Matthews Joanne) **2:42-45**

### **Presentation skills**

Three minutes to make a difference (Dr Woods, Sandie) **5:36-37**

### **Primary care**

Co-production and transformation (Vazhappulli, Sindhu) **5:24-26**

Delivering occupational therapy in primary care (Stevens, Hattie and Rostron, Helen) **6:20-23**

Enhancing patient care through effective partnership working (Greer, Lisa and Symington, Karen) **4:28-30**

From tiny acorns mighty oaks grow (Jones, Natalie; Clifford, Julia; Bloomfield, Helen; Di Bona, Laura) **10:36-38**

### **Processes**

Creating a clear and consistent approach to hoisting (James, Kathleen and Colvin, Fay) **1:46-49**

### **Professional development**

Be the best you can be, throughout your whole career (Dr Daniels, Nikki; Roberts, Julia; Dr Crisp, Jonathan; Spencer, Hannah) **11:20-22**

Data literacy: what are your needs? (England, Suzy) **5:32-33**

Three minutes to make a difference (Dr Woods, Sandie) **5:36-37**

### **Professional practice**

Q&A with Rosalind Brooks and Sherri Kapadia (Brooks, Rosalind and Kapadia, Sherri) **1:56-57**

Research and personal development (Webster, Jay and Vaca, Zadia) **12:36-38**

### **Project management**

Virtual leadership placements (Agar, Lucy; Rushton, Teresa; Bolton, Kay) **5:48-50**

### **Project placements**

Developing new and diverse skills on placement (Birch, Alice; North, Debbie; Wymark, Emma; Johnson, Holly; Morrall, Rob) **11:16-19**

Planning for a successful project placement (Alderson, Sarah; Lovett, Calum; Smith, Shannon; Bird, Amber; McMenemy, Lorna) **6:46-48**

### **Promoting occupational therapy**

How to win friends and influence people (Harding, Keir and Hortop, Alice) **9:36-39**

Promoting what we do (Boothby, Rebecca) **5:34-35**

### **Public health**

An enlightening, challenging and invaluable public health placement (Jeffreys, Sian and Cicchello, Kiana) **9:46-48**

### **Pulmonary rehabilitation**

Raising the profile of pulmonary rehab (Alcock, Becky) **9:32-34**

## **Q**

### **Q&A**

Q&A with Adam Ferry (Ferry, Adam) **2:50-52**

Q&A with Dr Sidney Chu (Dr Chu, Sidney) **3:12-14**

Q&A with Odeth Richardson (Richardson, Odeth) **8:16-19**

Q&A with Rosalind Brooks and Sherri Kapadia (Brooks, Rosalind and Kapadia, Sherri) **1:56-57**

Q&A with Venus Madden (Madden, Venus) **8:50-51**

## **R**

### **Rare cancer diagnosis**

Creative writing to support the community (Samuels, Tracey and Boulter, Linda) **4:40-41**

### **RCOT internships**

Research and personal development (Webster, Jay and Vaca, Zadia) **12:36-38**

Q&A with Rosalind Brooks and Sherri Kapadia (Brooks, Rosalind and Kapadia, Sherri) **1:56-57**

### **Reflections on occupational therapy**

Be part of our global family **10:54-56**

Coming full circle: a learning journey (McNulty, Catherine) **4:46-48**

Delivering occupational therapy in primary care (Stevens, Hattie and Rostron, Helen) **6:20-23**

From occupational therapist to carer, across the miles in the middle of a pandemic (Tanner, Jennifer) **4:36-37**

Gaining a wider lens on the occupational therapy profession (Lebedis, Thérèse) **10:56**

My journey to becoming a holistic and well-rounded occupational therapist (Williams, John) **12:54-55**

One stitch at a time (Daniels, Stella) **11:42-43**

Recognising the value of returning to our roots (Phoenix, Kat) **12:44-45**

Reflecting on supervision (Grover, Emma) **12:48-49**

Retired, not retiring (Hilsdon, Sue) **7:52-54**

Thinking about a professional doctorate? (Beal, Jennifer) **5:38-41**

United by passion for the profession (Davenport, Sharon and Rossiter, Laura) **10:57**

Unlocking the opportunities to a long and fulfilling career (Ruane, Carmel and Cosgrove, Imogen) **12:50-52**

### Rehabilitation

Delivering transformative patient care (Shephard, Freya; Thomas, Shirley; Hardy, Steven; Logan, Pip) **6:14-15**

Occupational therapy rehab 'helped me to help myself', says acclaimed children's poet and author **7:16**

Our experience of using the Wellbeing Star (Savory, Sinead) **8:36-37**

Peer support, specialist occupational therapy and the right environment (Marsden, Helen) **3:54-56**

Rehabilitation and return to work (Yul, Jasmine) **7:37-39**

Rehabilitation of military personnel: our role as occupational therapists (Allwood, Emily; Bradley, Nikki; Button, Amelia; Cannell, Verity; French, Gemma; Hamilton, Paula; Kirui, Jerry; Kotecha, Nisha; Marcus-Smith, Sandy; Tunbridge, Fiona; Wilkie-Ryan, Shane; Segalini, Anne) **7:30-31**

The challenges of using outcome measures in an acute setting (Chesterton, Amanda) **2:38-41**

### Reports

Auditor's report for BAOT members **5:54-56**

Be part of our global family **10:54-56**

Come together to 'learn, discuss, debate and grow' **7:14-23**

Equity in action (Samuels, Tracey) **10:16-19**

Gaining a wider lens on the occupational therapy profession (Lebedis, Thérèse) **10:56**

United by passion for the profession (Davenport, Sharon and Rossiter, Laura) **10:57**

### Research and development

Furthering occupational therapy (Professor Turner, Annie) **9:50-52**

Is research everybody's business? (Dr Roddam, Hazel and Dr Ward, Gillian) **11:40-41**

Q&A with Rosalind Brooks and Sherri Kapadia (Brooks, Rosalind and Kapadia, Sherri) **1:56-57**

Research and personal development (Webster, Jay and Vaca, Zadie) **12:36-38**

Thinking about a professional doctorate? (Beal, Jennifer) **5:38-41**

Three minutes to make a difference (Dr Woods, Sandie) **5:36-37**

Using co-design groups in research (Drummond, Avril; Ablewhite, Joanne; Jones, Fiona) **1:50-52**

### Retirement

Planning for a successful project placement (Alderson, Sarah; Lovett, Calum; Smith, Shannon; Bird, Amber; McMenemy, Lorna) **6:46-48**

Retired, not retiring (Hilsdon, Sue) **7:52-54**

### Return to work

Rehabilitation and return to work (Yul, Jasmine) **7:37-39**

### Rheumatology

Self-management: empowering people to live well (Clark, Zoë and Noel, Katharine) **3:30-32**

### Risk management

Developing a bespoke training package (Clarke, Jenny; Lynch,

Hannah; Allen, Cath; Vassallo, Louise; Green, Rebecca) **8:26-29**

### Rotational occupational therapy posts

My journey to becoming a holistic and well-rounded occupational therapist (Williams, John) **12:54-55**

### Royal College of Occupational Therapists (RCOT)

A celebration of excellence **11:52-59**

Be part of a collective voice to make a positive difference (Senaratne, Dinuli) **8:40**

Be part of our global family **10:54-56**

Be the best you can be, throughout your whole career (Dr Daniels, Nikki; Roberts, Julia; Dr Crisp, Jonathan; Spencer, Hannah) **11:20-22**

By contributing, you get to influence (Fletcher-Shaw, Sarah) **8:40**

Come together to 'learn, discuss, debate and grow' **7:14-23**

Data literacy: what are your needs? (England, Suzy) **5:32-33**

It's your time to shine! (Samuels, Tracey) **8:38-39**

Maintain your professional identity and make new friends (Harris, Robyn) **8:41**

Q&A with Odeth Richardson (Richardson, Odeth) **8:16-19**

Stepping up at RCOT (Ford, Steve) **1:16-21**

## S

### Self-management

Self-management: empowering people to live well (Clark, Zoë and Noel, Katharine) **3:30-32**



## Self-worth

Supporting identity in a high secure hospital (Lancaster, Jessica; Rachael, Humpston; Bernstein, Julie) **4:38-39**

## Sensory processing difficulties

What do you know about DME? (Ferreira, Mariza) **3:22-24**

## Sensory soothe bags

A tool to help manage difficult emotions (Jeffery, Debra) **8:30-31**

## Service development

The inspiration to change current practice (Currie, Rowena) **9:20-23**  
The value of occupational therapy in post intensive care rehabilitation (Copeland, Dawn) **12:32-34**  
Worth the wait? (Stott, Jill) **12:40-43**

## Service evaluation

Finding new ways to deliver services (Bennett, Cate; Needham, Lorna; Rushton, Teresa) **12:30-31**  
The importance of providing tailored services (Bradley, Joseph) **11:26-28**

## Service improvement

Collaborative working: Exploring changes to service delivery together (Symonds, Sharon; Evans, Kerri; Scott-Roberts, Sally) **7:44-47**  
Developing a bespoke training package (Clarke, Jenny; Lynch, Hannah; Allen, Cath; Vassallo, Louise; Green, Rebecca) **8:26-29**  
Embracing opportunities to develop our workforce (Bray, Julie) **10:50-52**  
Managing chronic pain (Britcher, Lauren) **8:48-49**  
Q&A with Dr Sidney Chu (Dr Chu, Sidney) **3:12-14**  
Retired, not retiring (Hilsdon, Sue) **7:52-54**

## Sex

Let's talk about sex... with stroke survivors (Dr Allatt, Kate) **3:36-38**

## Social media

Creating a valuable platform for engaging with our community (Chapman, Fauve; Clark, Annabelle;

Smith, Anna) **2:32-33**  
How to win friends and influence people (Harding, Keir and Hortop, Alice) **9:36-39**  
Retired, not retiring (Hilsdon, Sue) **7:52-54**

## Social skills

Good social skills for better relationships (Phillips, Nicky) **1:26-28**

## Special Educational Needs and Disabilities

Q&A with Dr Sidney Chu (Dr Chu, Sidney) **3:12-14**  
What do you know about DME? (Ferreira, Mariza) **3:22-24**

## Stigma

Supporting identity in a high secure hospital (Lancaster, Jessica; Rachael, Humpston; Bernstein, Julie) **4:38-39**

## Stroke

Let's talk about sex... with stroke survivors (Dr Allatt, Kate) **3:36-38**  
Using co-design groups in research (Drummond, Avril; Ablewhite, Joanne; Jones, Fiona) **1:50-52**

## Student education

A remote peer learning placement opportunity (Byrne, Gemma; Caan, Maya; Hunt, Stacey; Quirin, Sasha; Dr Taylor, Elizabeth) **3:44-47**  
A skilled and sustainable workforce for a healthier Scotland (Hedley, Claire and Gillen, Ailsa) **8:20-21**  
An enlightening, challenging and invaluable public health placement (Jeffreys, Sian and Cicchello, Kiana) **9:46-48**  
Bridging the gap to leadership (Dr Clarke, Channine; Rule, Marie; Cunha, Bartolomeu) **10:24-27**  
Collaborative working: Exploring changes to service delivery together (Symonds, Sharon; Evans, Kerri; Scott-Roberts, Sally) **7:44-47**  
Creating the future of our profession (Gannon, Hannah; Dr Daykin, Anne; Jones, Alex; Phelps, Caroline; Reed, Melissa; Rose, Emma; Professor Melton, Jane) **11:46-48**  
Developing new and diverse skills

on placement (Birch, Alice; North, Debbie; Wymark, Emma; Johnson, Holly; Morrall, Rob) **11:16-19**

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Recognising excellence in the occupational therapy community **2:14**

### **Fit notes**

Occupational therapists now able to certify 'fit notes' **7:6**

## **G**

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### **Generalist skills**

Health Education England launches new programme to enhance generalist skills **9:13**

## **H**

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### **Hand injury**

NIHR gives £1.2 million to help improve rehabilitation for patients following hand injury **1:9**

### **Health and Safety Executive (HSE)**

HSE evidence report looks at return to work after Long Covid **2:10**

### **Health and social care levy**

RCOT responds to the government's announcement on the health and social care levy **5:12**

### **Health Education England (HEE)**

Allied health professionals' offer in mental health settings explained **5:6**

Health Education England launches new programme to enhance generalist skills **9:13**

New elearning about occupational therapy in neonatal care **6:56**

New elearning on cancer prehabilitation and rehabilitation available **8:54**

New HEE hub connects NHS staff and learners with evidence resources **2:7**

RCOT to collaborate with HEE to develop a multi-professional work programme **8:6**

Report reveals digital technologies to play vital role in supporting health and care workforce **12:6**

### **Health equity**

Expert panel demonstrates value of occupational therapy in addressing health inequalities **4:7**

Health equity – what's next? **2:7**

New partnership aims to reduce health inequalities through physical wellbeing **4:10**

New report highlights the five largest equality gaps in Northern Ireland **5:9**

OT-founded social enterprise receives over £1 million to help tackle inequalities in physical activity **6:6**

RCOT calls for decision-makers, service leaders and practitioners in Wales to 'co-operate' and 're-imagine services' **6:13**

### **Healthcare Support Workers**

New framework supports development of NMAHP healthcare support workers at levels 2-4 in Scotland **11:9**

### **Honours**

Occupational therapist nominated for an MBE **2:11**

OT awarded MBE **7:11**

### **Housing**

Care and housing providers urged to bid for technology testbed funding, so homes are 'care ready' **4:8**

Guidance issued on the delivery of the Disabled Facilities Grant for local authorities in England **5:5**

National Housing Agency appoints RCOT member for new role **2:12**

New DFG guidance will help thousands to 'acquire life-changing technology' (Gilbert, Clive) **7:9**

New homes in England set to be more accessible **9:8**

Six housing providers awarded £440,000 to co-produce tech services with older residents **10:6**

## **I**

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### **Independent practice**

Steve Ford meets members to ignite conversation and collaboration on independent practice **5:7**

## Intensive care

New guidelines for the provision of intensive care services published **8:54**

## L

### Leadership

Get involved in a new RCOT Leadership Forum **3:57**

No barriers to success: Black and minority ethnic occupational therapists' experiences of mentorship and safe spaces **7:55**

### Learning disability

Influencing research in learning disability and autism **10:8**

Online learning to help stop the over-medication of people with a learning disability and autistic people **8:56**

### Liberty Protection Safeguards

Changes to MCA code of practice could be 'inaccessible' for OTs, consultation told **9:9**

### Local Authorities

LGA launches first ever employer standards for occupational therapists in social care, alongside 'health check' survey **11:11**

### Loneliness

NIHR launches podcast on loneliness **1:6**

### Long Covid

Advocating for ME/CFS, chiari malformation and Long Covid **4:56**

Demand for rehabilitation support almost doubles in six months, RCOT survey finds **6:11**

HSE evidence report looks at return to work after Long Covid **2:10**

New tool to assess Long Covid symptoms launched **5:52**

NHS sets out Long Covid action plan for thousands of people with persistent symptom **8:11**

Occupational therapists contribute to new Long Covid self-help guide **7:56**

Occupational therapists with Long Covid launch support group **4:54**

Support after Covid study podcasts (Dr Curnow, Eleanor) **4:56**

### Long-term conditions

Advocating for ME/CFS, chiari malformation and Long Covid **4:56**

Making Every Contact Count toolkit now available **9:56**

New online training supports the delivery of personalized care for people with long-term conditions **9:55**

## M

### Medicine management

Are we meeting older people's medicine management needs? **2:55**

### Mental Capacity Act

Changes to MCA code of practice could be 'inaccessible' for OTs, consultation told **9:9**

### Mental health

Allied health professionals' offer in mental health settings explained **5:6**

Changes to MCA code of practice could be 'inaccessible' for OTs, consultation told **9:9**

Expert group calls for system-wide changes for mental health in Wales **12:7**

Fundamentals in Athletics takes home top AHP award **6:8**

Join the community for advanced practice in mental health **3:58**

New doctoral training programme will train future healthcare professionals **1:7**

NHS England launches mental health hubs for staff **2:7**

Online learning to help stop the over-medication of people with a learning disability and autistic people **8:56**

Priority questions for research into mental health launched **10:8**

Rate of mental disorders among 17 to 19-year-olds has shown a worrying increase this year, new report shows **12:10**

RCOT demonstrates the power of occupational therapy in mental health and wellbeing

services **9:11**

Report calls for more support for older people whose mental health has been impacted by the pandemic **3:6**

Resource for mental health and wellbeing in primary care services **9:54**

### Mentorship

No barriers to success: Black and minority ethnic occupational therapists' experiences of mentorship and safe spaces **7:55**

## N

### National Care Service

Help shape RCOT's response to the Scottish Government's flagship national care policy **8:8**

New report sets out recommendations to create a National Care and Support Service in Wales **12:8**

### National Institute for Health Research

NIHR gives £1.2 million to help improve rehabilitation for patients following hand injury **1:9**

NIHR launches podcast on loneliness **1:6**

### National Institute of Health and Care Excellence (NICE)

NICE publishes important guidance on rehabilitation after traumatic injury **2:54**

### Nature

Outdoors and nature in occupational therapy **2:54**



## Neonatal care

Neonatal staff in Wales use global 'Read-a-thon' initiative to promote reading, singing and talking **12:10**

New elearning about occupational therapy in neonatal care **6:56**

New guidance for those responsible for providing neonatal services **10:10**

## Networking

An opportunity to network and problem solve **6:58**

Bringing together occupational therapists working in substance misuse and addiction related services **7:55**

RCOT virtual Research Café – a new networking opportunity **5:52**

## Neurosciences

New doctoral training programme will train future healthcare professionals **1:7**

## NHS

It's time to halt NHS staff exodus with a game-changing pay rise, say health unions **2:18-19; 3:10**

New AHP strategy for England is 'a catalyst for change', says Suzanne Rastrick **8:14**

New guidance to meet palliative and end of life care needs of people of all ages **8:56**

New report highlights priority areas for stroke research to inform national policy in England **4:10**

NHS sets out Long Covid action plan for thousands of people with persistent symptom **8:11**

People who are on an NHS waiting list in Wales need urgent help and support, report finds **5:10**

Single-colourway uniform proposal scrapped by NHS England **5:12**

Stand up for your pay and your profession – vote 'yes' for the NHS **11:50-51**

Unison urges government to halt staff exodus with emergency retention package **2:11**

## NHS Staff wellbeing

NHS England launches mental health hubs for staff **2:7**

## Northern Ireland

10 new undergraduate occupational therapy places at Ulster University **6:10**

Expert panel demonstrates value of occupational therapy in addressing health inequalities **4:7**

New report highlights the five largest equality gaps in Northern Ireland **5:9**

NJC pay update – England, Wales and Northern Ireland **3:11**

## O

### Obituary

Professor Averil Stewart [1943-2022] (Dr Blair, Sheena EE; Dr Renton, Linda; Dr Paterson, Irene; Reverend Hume, Clephane) **7:12**

### Occupational Therapy

Addition of pre-registration doctoral level route into occupational therapy in the UK **6:12**

Local council arranges for Mersey Gateway to be lit in green to celebrate the occupational therapy profession **11:10**

Occupational therapist attends Her Majesty the Queen's State Funeral **10:8**

### Occupational Therapy Week 2022

Lift up your everyday with 'OT Life Hacks' **11:6**

Occupational therapists have taken their expertise to the public for the first time, with 'OT Life Hacks' **11:10**

RCOT launches new campaign for 2022 OT Week **10:7**

### Older adults

Are we meeting older people's medicine management needs? **2:55**

Care and housing providers urged to bid for technology testbed funding, so homes are 'care ready' **4:8**

Report calls for more support for older people whose mental health has been impacted by the pandemic **3:6**

Students in Nottingham collaborate with occupational therapists to showcase the profession within

acute settings **2:12**

Supporting older adults to become more active and recondition following COVID-19 activity restrictions **7:56**

### Online training

Making Every Contact Count toolkit now available **9:56**

New online training supports the delivery of personalized care for people with long-term conditions **9:55**

Online learning to help stop the over-medication of people with a learning disability and autistic people **8:56**

### OT Life Hacks

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### Outdoor therapy

Outdoors and nature in occupational therapy **2:54**

## P

### Palliative care

New guidance to meet palliative and end of life care needs of people of all ages **8:56**

### PhD study

Occupational therapy lecturer becomes the first to celebrate a special milestone with the University of Cumbria **6:7**

### Physical activity

Fundamentals in Athletics takes home top AHP award **6:8**

New collective partnership aims to raise awareness of the therapeutic value of cycling **10:10**

New partnership aims to reduce health inequalities through physical wellbeing **4:10**

OT-founded social enterprise receives over £1 million to help tackle inequalities in physical activity **6:6**

Sport For Confidence calls on occupational therapy students to drive change **1:6**  
Sport for Confidence further extends its reach and influence **7:8**  
Sport For Confidence reveals new strategy **1:7**  
Supporting older adults to become more active and recondition following COVID-19 activity restrictions **7:56**  
Survey finds disabled people are less active and more isolated as we recover from the pandemic **11:8**

### Placement opportunities

An opportunity to network and problem solve **6:58**  
Virtual placement café initiative to support innovative practice launching in 2022 **1:8**

### Podcasts

Support after Covid study podcasts (Dr Curnow, Eleanor) **4:56**

### Practice-based learning

RCOT and CSP launch new principles for practice-based learning **11:7**  
RCOT and CSP to develop practice-based learning principles **7:11**  
RCOT pilots exciting new programme to support learners and practice educators in non-traditional practice-based learning **3:7**  
Virtual placement café initiative to support innovative practice launching in 2022 **1:8**

### Prehabilitation

New elearning on cancer prehabilitation and rehabilitation available **8:54**  
Royal Patron visits prehabilitation programme to commend positive impact on cancer patients **1:12**

### Pre-registration

Addition of pre-registration doctoral level route into occupational therapy in the UK **6:12**  
An opportunity to network and problem solve **6:58**

### Pre-registration learning

RCOT pilots exciting new programme

to support learners and practice educators in non-traditional practice-based learning **3:7**

### Primary care

Allied Health Professions Federation Scotland calls for an 'equitable primary care offer' for all AHPs **4:12**  
Final report on alternative pathways to primary care in Scotland published **8:9**  
MSP says alternative pathways to primary care are critically needed **12:9**  
Resource for mental health and wellbeing in primary care services **9:54**

### Public services

Near Me scoops prestigious Digital Public Services Award **1:8**

## R

### Reasonable adjustments

Disability Employment Charter **6:55**

### Rehabilitation

Demand for rehabilitation support almost doubles in six months, RCOT survey finds **6:11**  
Insurer adds cardiac and neurological pathways to GIP rehabilitation support **10:6**  
New elearning on cancer prehabilitation and rehabilitation available **8:54**  
NICE publishes important guidance on rehabilitation after traumatic injury **2:54**  
NIHR gives £1.2 million to help improve rehabilitation for patients following hand injury **1:9**

### Research and development

Influencing research in learning disability and autism **10:8**  
No barriers to success: Black and minority ethnic occupational therapists' experiences of mentorship and safe spaces **7:55**  
Priority questions for research into mental health launched **10:8**  
RCOT virtual Research Café – a new networking opportunity **5:52**

### Resources

Allied health professionals' offer in mental health settings explained **5:6**  
Making Every Contact Count toolkit now available **9:56**  
New CPD resources offer reflection opportunities for educators and practitioners **3:57**  
New elearning about occupational therapy in neonatal care **6:56**  
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New guidance to meet palliative and end of life care needs of people of all ages **8:56**  
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Sight loss: guidance on understanding the patient journey launched **12:56**  
Supporting older adults to become more active and recondition following COVID-19 activity restrictions **7:56**

### Return to work

HSE evidence report looks at return to work after Long Covid **2:10**  
Insurer adds cardiac and neurological pathways to GIP rehabilitation support **10:6**  
Occupational therapists now able to certify 'fit notes' **7:6**

## Royal College of Occupational Therapists (RCOT)

2022 annual award winners receive over £6,500 from RCOT to support their activities **3:8**

Addition of pre-registration doctoral level route into occupational therapy in the UK **6:12**

An opportunity to network and problem solve **6:58**

Auditor's report for BAOT members **5:54-56**

Become an RCOT Health and Work Champion **5:6**

Changes to MCA code of practice could be 'inaccessible' for OTs, consultation told **9:9**

Delivering on our commitment to our members, by creating the right team structures **11:6**

Demand for rehabilitation support almost doubles in six months, RCOT survey finds **6:11**

Equality and inclusion new Chair's priority **7:8**

Expert panel demonstrates value of occupational therapy in addressing health inequalities **4:7**

Former RCOT President and dementia champion, Baroness Sally Greengross OBE, passes away aged 86 **7:6**

Get involved in a new RCOT Leadership Forum **3:57**

Health equity – what's next? **2:7**

Help shape RCOT's response to the Scottish Government's flagship national care policy **8:8**

Keir Harding to give our 2023 Elizabeth Casson Memorial Lecture **8:10**

Lift up your everyday with 'OT Life Hacks' **11:6**

Local government pay settlement in Scotland response **11:8**

Members vote to agree small increase in their membership fees **7:11**

New benchmarking audit report for community children's occupational therapy services in Wales published **7:10**

New elearning about occupational therapy in neonatal care **6:56**

New guidance for those responsible for providing neonatal services **10:10**

Odeth Richardson to be new Chair of Council **5:13**

RCOT and CSP launch new principles for practice-based learning **11:7**

RCOT and CSP to develop practice-based learning principles **7:11**

RCOT and the environment **4:10**

RCOT announces change to its leadership structure **4:14**

RCOT asks new Prime Minister to make health and social care a key priority **11:7**

RCOT calls for decision-makers, service leaders and practitioners in Wales to 'co-operate' and 're-imagine services' **6:13**

RCOT calls for next Prime Minister to make health and social care a key priority **8:7**

RCOT concerned about the level of support for social care in the Chancellor's Autumn Statement **12:8**

RCOT demonstrates the power of occupational therapy in mental health and wellbeing services **9:11**

RCOT joins NHS Confederation to call for urgent action on cost-of-living crisis **9:13**

RCOT launches new campaign for 2022 OT Week **10:7**

RCOT Library and Information Service goes digital **4:14**

RCOT pilots exciting new programme to support learners and practice educators in non-traditional practice-based learning **3:7**

RCOT responds to the government's announcement on the health and social care levy **5:12**

RCOT shortlisted for two Memcom Excellence Awards 2022 **7:11**

RCOT strengthens ties with UNISON **7:11**

RCOT survey finds children's services at 'crisis point' across whole of UK **9:12**

RCOT to collaborate with HEE to develop a multi-professional work programme **8:6**

RCOT virtual Research Café – a new networking opportunity **5:52**

Report on the inquiry into the health and wellbeing of children and young people in Scotland published **6:12**

Scottish Parliament hears evidence from RCOT on addressing children's health and wellbeing **2:10**

Steve Ford meets members to ignite conversation and collaboration on independent practice **5:7**

UNISON and RCOT renew their partnership **8:52**

## Royal Family

Occupational therapist attends Her Majesty the Queen's State Funeral **10:8**

Royal Patron visits prehabilitation programme to commend positive impact on cancer patients **1:12**

## S

### Scotland

Allied Health Professions Federation Scotland calls for an 'equitable primary care offer' for all AHPs **4:12**

Final report on alternative pathways to primary care in Scotland published **8:9**

Help shape RCOT's response to the Scottish Government's flagship national care policy **8:8**

Laying the foundation for a health and social care revolution in Scotland **12:58**

Local government pay settlement in Scotland response **11:8**

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Near Me scoops prestigious Digital Public Services Award **1:8**

New framework supports development of NMAHP healthcare support workers at levels 2-4 in Scotland **11:9**

New Workforce Wellbeing Fund aims to support adult social work and social care staff in Scotland **3:7**

Occupational therapist's 'wow factor' celebrated by Downing Street **5:11**

Prime Minister's daily Points of Light award goes to an 'inspirational' occupational therapist **1:11**

Progressive stroke pathway sets out Scottish Government's 'ambitious vision' for holistic stroke service **6:10**

Report on the inquiry into the health and wellbeing of children and young people in Scotland published **6:12**

Resource for mental health and wellbeing in primary care services **9:54**

Scottish Parliament hears evidence from RCOT on addressing children's health and wellbeing **2:10**

### **Sensory impairment**

Are we meeting older people's medicine management needs? **2:55**

### **Sensory processing**

New Talking Mats project aims to put children's views at the centre of assessment, planning and intervention **10:11**

### **Sight loss**

Sight loss: guidance on understanding the patient journey launched **12:56**

### **Social care**

A plan for digital health and social care **8:12**

Help shape RCOT's response to the Scottish Government's flagship national care policy **8:8**

LGA launches first ever employer standards for occupational therapists in social care, alongside 'health check' survey **11:11**

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Report reveals digital technologies to play vital role in supporting health and care workforce **12:6**

Tackling the workforce crisis across social care and the NHS in England **8:12**

Time to give social care a fair deal **8:10**

### **Social care reform**

Long-overdue white paper to reform social care in England is a 'sticking plaster of support', says Steve Ford **1:9**

RCOT calls for next Prime Minister to make health and social care a key priority **8:7**

### **Spinal cord injury**

Innovative occupational therapy team is highly commended in 2021's HSJ Awards **1:10**

### **Sport For Confidence**

New collective partnership aims to raise awareness of the therapeutic value of cycling **10:10**

New partnership aims to reduce health inequalities through physical wellbeing **4:10**

OT-founded social enterprise receives over £1 million to help tackle inequalities in physical activity **6:6**

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Sport for Confidence occupational therapists make a splash with Paralympian **4:6**

Sport For Confidence reveals new strategy **1:7**

WBSA launches new therapeutic guide to snooker **12:12**

### **Stroke**

New report highlights priority areas for stroke research to inform national policy in England **4:10**

Progressive stroke pathway sets out Scottish Government's 'ambitious vision' for holistic stroke service **6:10**

### **Substance misuse**

Bringing together occupational therapists working in substance misuse and addiction related services **7:55**

### **Sustainability**

Enabling spread of knowledge and integration of environmental sustainability into practice **10:8**  
RCOT and the environment **4:10**

### **Swimming**

Sport for Confidence occupational therapists make a splash with Paralympian **4:6**

## **T**

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### **Technology**

Care and housing providers urged to bid for technology testbed funding, so homes are 'care ready' **4:8**

Near Me scoops prestigious Digital Public Services Award **1:8**

Six housing providers awarded £440,000 to co-produce tech services with older residents **10:6**

### **Training programmes**

New doctoral training programme will train future healthcare professionals **1:7**

### **Traumatic injury**

NICE publishes important guidance on rehabilitation after traumatic injury **2:54**

## **U**

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### **Uniform**

Single-colourway uniform proposal scrapped by NHS England **5:12**

### **Unison**

2022 – Year of Disabled Workers **6:54**

Attacks on legal abortion are a trade union matter 





(McVicker, Anne and Wheatley, Liz)  
7:24-25

Disability Employment Charter 6:55  
Getting involved with our women's  
groups 7:25

Is 2022 the year that you become a  
BAOT union steward? 1:14-15

It's time to halt NHS staff exodus  
with a game-changing pay rise,  
say health unions 2:18-19; 3:10

NJC pay update – England, Wales  
and Northern Ireland 3:11

Pledge Yes for the NHS 9:14-15

RCOT strengthens ties with UNISON  
7:11

Stand up for your pay and your  
profession – vote 'yes' for the NHS  
11:50-51

The £60 billion gamble with the  
future of our country 10:12

The spring statement is a slap in the  
face for workers 4:52-53

'Tis the season to fight for our public  
services 12:18-19

UK government can – and must – act  
on cost of living 5:14-15

UNISON and RCOT renew their  
partnership 8:52

Unison in solidarity with Ukraine  
4:53

Unison urges government to halt  
staff exodus with emergency  
retention package 2:11

### University courses

10 new undergraduate occupational  
therapy places at Ulster University  
6:10

### Upper limb

Innovative occupational therapy team  
is highly commended in 2021's HSJ  
Awards 1:10

## V

### Vaccines

National Audit Office finds NHS  
COVID-19 vaccination programme  
'good value for public money' 3:9

### Virtual cafés

An opportunity to network and  
problem solve 6:58

RCOT virtual Research Café – a new  
networking opportunity 5:52

## W

### Wales

Expert group calls for system-wide  
changes for mental health in Wales  
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Minister unveils new plan to get more  
people in Wales into work 4:11

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wellbeing in primary care services  
9:54

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guide to snooker 12:12

### Wheelchair users

New homes in England set to be  
more accessible 9:8

OT runs 2022 London Marathon to  
support disabled people to be more  
active 9:6

Unlocking the potential for every  
wheelchair user 9:6

### Women's rights

Attacks on legal abortion are a trade  
union matter (McVicker, Anne and  
Wheatley, Liz) 7:24-25

Getting involved with our women's  
groups 7:25

### Work

Occupational therapist shortlisted  
for Work for Tomorrow innovation  
competition 1:7

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certify 'fit notes' 7:6

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### Workforce planning and reform

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